

Course Outline for: NURS 2000 Chronic and Palliative Care**A. Course Description:**

1. Number of credits: 4
2. Lecture hours per week: 4
3. Prerequisites: NURS 1101, NURS 1151, PHIL 1180, COMM 1131
4. Corequisites: NURS 2010, NURS 2050
5. MnTC Goals: None

Focus on the nursing care of clients experiencing chronic illness and/or end of life enables the nurse to care for a large part of the healthcare population. Ethical issues related to advocacy, self-determination, and autonomy are explored. Evidence-based practice is expanded on within the course to allow students to participate in and demonstrate their understanding of appropriately focused assessments and management of care of clients experiencing concurrent illnesses/comorbidities.

B. Date last reviewed/updated: October 2024**C. Outline of Major Content Areas:**

1. Professional Integrity
 - A. Attributes and Roles of a Nurse
 - i. Professionalism
 - ii. Clinical Judgement
 - iii. Self-care
 - iv. Social Justice
 - B. Care Competencies
 - i. Holistic Nursing Process/Person-centered Care
 - ii. Communication
 - iii. Collaboration
 - iv. Quality & Safety
 - v. Informatics
 - vi. Evidence-based/Evidence-informed Practice
 - vii. Care Coordination
2. Physiological Integrity
 - A. Physiological Homeostasis Regulation
 - i. Fluid & Electrolyte Balance
 - ii. Acid-Base Balance
 - iii. Thermoregulation
 - iv. Cellular Regulation/Genetics
 - v. Intracranial Regulation
 - vi. Metabolism
 - vii. Nutrition
 - viii. Elimination
 - ix. Oxygenation
 - x. Perfusion

- B. Protection and Movement
 - i. Immunity
 - ii. Inflammation
 - iii. Infection
 - iv. Tissue Integrity
 - v. Sensory Perception
 - vi. Comfort
 - vii. Mobility
 - viii. Rest
- 3. Psychosocial Integrity
 - A. Psychosocial Homeostasis
 - i. Family Dynamics
 - ii. Culture/Spirituality
 - iii. Motivation/Adherence
 - iv. Cognitive Function
 - v. Coping/Stress/Adaptation
 - vi. Grief & Loss
- 4. Lifespan
 - A. Health Equity
 - i. Determinants of Health
 - ii. Implicit Bias Education

D. Course Learning Outcomes:

Upon successful completion of the course, the student will be able to:

1. Demonstrate reflection, self-analysis, self-care, and lifelong learning into nursing practice.
2. Explore one's own beliefs and values as they relate to caring for clients experiencing chronic illness and end of life issues.
3. Discuss trends in healthcare as they relate to issues of access, equity, affordability, and social justice, for diverse and underserved individuals, families, and communities.
4. Discuss evidence, interprofessional perspectives, and client preferences in prioritizing, planning solutions, taking action, and evaluating outcomes of care.
5. Recognize the role of information technology in improving client care outcomes and creating a safe care environment.

E. Methods for Assessing Student Learning:

Methods for assessment may include, but are not limited to, the following:

1. Written examinations and quizzes.
2. Alternative format, written, and reflection assignments. Rubrics will be used.
3. The student must obtain a 78% or greater in order to pass.

F. Special Information:

Refer to nursing student handbook for additional details.